



Little Stars Updated COVID Guidelines

- Updated 9/22/2022

Safety precautions will be implemented on 8/9/2022:

- Masks are highly recommended for all staff who are unvaccinated.
- Masks are encouraged for all staff.
- Social distancing is encouraged.
- Coverage will be offered for clinic sessions based on the following:
 - Same room coverage
 - Sister room coverage
 - Staff who are not at scheduled hours will be assigned to specific room coverage as designated by the Patient Care Manager

Clinic is now running at full capacity- With the following precautions:

- All solid surfaces are cleaned and disinfected as needed, first thing in the morning, noon and nightly.
- All staff and children will take their temperature on entry to the clinic or classroom.
- All in-home providers will take their temperature prior to entering a home session.
- All staff will ask caregivers to take the temperature of children prior to beginning in-home sessions.
- ALL children will have their own work space and materials the entire session at the clinic.
 - Stay at the same table/work station the entirety of the session
 - Disinfect the station after the child has completed their session
 - Staff will not congregate less than 6 feet from each other
 - Please make sure children are sitting next to staff and not each other in the cafeteria.
 - Supervisors can choose to stay in classrooms for lunch
 - Please make tables in the cafeteria are at least 6 feet apart

- Please do not allow continuous contact between clients or staff in the gym
- Staff and patients wash hands once per hour.
- All staff and patients should wash hands upon entering the clinic.

If Staff or Patients are sick:

- **Staff and patients are encouraged to look for symptoms and not come to clinic or hold home sessions if exhibiting any signs of COVID-19**
 - Practice healthy habits
 - https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention.html
 - Wear a mask at all times.
 - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
 - Avoid close contact with people who are sick.
 - Cover your cough or sneeze with your forearm or elbow.
 - Clean and disinfect frequently touched objects and surfaces
 - Staff are instructed to take their temperature at least 2 hours prior to their session. If you have a fever of 100.4 or higher, you **MUST** notify the clinic phone, send notice in the cancel chat room AND notify your supervisor
 - Staff may not return to work until they have been fever free for 24 hours
 - Make up sessions-
 - WE WILL NOT BE COVERING ANY IN HOME SESSIONS during this time frame, unless staff already goes to the home
 - Coverage will be sought for clinic sessions
 - Communicate any make up sessions by texting the clinic phone and alerting the supervisor

COVID Policies and Procedures

Staff and client reporting: Staff or children that test positive with the COVID-19 virus should report their positive diagnosis to their Supervisor and Staff Care coordinator immediately. Please call or text the clinic phone at **316.364.8767**.

Staff must provide a note from their physician or the Sedgwick County Health Department requiring quarantine or isolation requirements to the Staff Care Coordinator. EPTO or EFLMA are no longer available. Staff must submit a PTO request via the employee portal as soon as possible.

COVID-19 Exposure (Close Contact of Someone with COVID-19)

CDC and KDHE no longer recommended quarantine after exposure to someone with COVID-19. However, people with COVID-19 exposure should still follow the recommendations below, regardless of vaccination status.

- **Wear a well-fitting mask around others for 10 days from the date of last exposure.**
- **Test on Day 5 (antigen or PCR).**
- **If you develop symptoms, get a test and stay home until results are available.**
 - **If you test positive, follow the guidance for isolation above.**

Who is considered a “close contact?”

CDC has moved away from the previous definition of a close contact and moved toward information for individuals on "Understanding Exposure Risks" ([more information](#)).

Multiple factors increase the risk of getting COVID-19 after being exposed to someone with COVID-19 including:

- 1. Longer time spent with the infected person**
- 2. If the infected person was coughing, singing, shouting or breathing heavily**
- 3. If the infected person had symptoms**
- 4. If neither the infected person or the exposed person were wearing a high-quality mask**
- 5. If the space was poorly ventilated, and**
- 6. If the exposed person was very close or touching the infected person.**

When two more of these factors are present, the exposed person should follow exposure guidelines and mask for 10 days.

What happens if someone from the general public is a close contact of someone with COVID-19?

- If you are a close contact, you should follow the recommendations above.
- If you develop symptoms while you are in quarantine, you can check the [testing locator website](#) to find a testing location near you.
- If you test positive, you can spread the virus and should remain at home and in isolation for 5 full days or until symptoms are resolving and you are fever-free 24 hours without the use of fever reducing medications, whichever is longer, then wear a mask for an additional 5 days (per the Isolation Guidelines above).

What happens if someone tests positive for COVID-19:

- If you test positive for COVID-19, you must remain at home for 5 full days after you first noticed symptoms or sample date if no symptoms.
 - Symptom onset or sample date (if no symptoms) is considered Day 0 of your isolation period.
- If after 5 days you are fever-free for 24 hours without the use of fever reducing medications AND you have no symptoms or your symptoms are resolving, you can leave your house on Day 6, but continue to wear a well-fitting mask at home and in public for an additional 5 full days (Day 6-10) OR use two antigen tests 48 hours apart.
 - If positive, continue testing 48 hours apart until you have sequential negative results and continue masking until that time
 - If negative, mask usage is no longer needed
- If you are unable to wear a mask at all times (ex. being too young), you must remain at home for 10 days from when you first noticed symptoms.
- You should notify your close contacts that you tested positive and tell them to monitor for symptoms and mask per the guidelines below.

What happens if someone from the general public tests positive for COVID-19 using an at-home test?

- If you test positive from an at-home test, you should follow the isolation guidelines above.
- You should notify your close contacts that you tested positive and tell them to monitor for symptoms and mask per the guidelines below.
- If you would like to report your test to the Health Department, go to the "[SCHD COVID-19 At-Home Test Report Form](#)".

How can you protect your family from getting COVID-19 after you test positive?

- You should stay away from other people in your home to avoid spreading the virus to them.
 - If you can, isolating in a room by yourself and using a separate bathroom is best. If you can't do this, you should stay as far away from other household members as possible.
- Surfaces (like door knobs, tabletops, and bathroom fixtures) in your home should be disinfected daily.
- You should not share food or personal items with other household members.
- Wear a mask when other people are present and maintain six feet distance.