



Little Stars Updated COVID Guidelines

- Updated 1/18/2022

As of 1/9/2022 Leadership is preparing to reduce the number of children and staff in close proximity to each other at the clinic. By 1/18/2022 we will reduce the number of children and staff at the clinic by at least 50%. Staff and children will be re-assigned to home sessions. We will continue this model of service delivery through February 2022. At the end of February leadership will review the current status of the pandemic and make any changes necessary.

New safety precautions will be implemented on 1/10/2022:

- **ALL staff** regardless of vaccine status must wear masks with exception of times they are able to distance themselves further than 6-feet from others.
 - All staff working directly with children must always wear a mask.
- All classrooms will stay in their assigned classrooms and will refrain from entering other classrooms for socialization.
 - Classrooms should try to distance themselves when on the playground simultaneously.
- Coverage will be offered for clinic sessions based on the following:
 - Same room coverage
 - Sister room coverage
 - Staff who are not at scheduled hours will be assigned to specific room coverage as designated by the Patient Care Manager

Clinic is now running at reduced capacity- With the following precautions:

- All solid surfaces are cleaned and disinfected as needed, first thing in the morning, noon and nightly.
- All staff and children will take their temperature on entry to the clinic or classroom.

- All in-home providers will take their temperature prior to entering a home session.
- All staff will ask caregivers to take the temperature of children prior to beginning in-home sessions.
- ALL children will have their own work space and materials the entire session at the clinic.
 - Stay at the same table/work station the entirety of the session
 - Disinfect the station after the child has completed their session
 - Staff will not congregate less than 6 feet from each other
- Staff and patients wash hands once per hour.
- All staff and patients should wash hands upon entering the clinic.

If Staff or Patients are sick:

- **Staff and patients are encouraged to look for symptoms and not come to clinic or hold home sessions if exhibiting any signs of COVID-19**
 - Practice healthy habits
 - https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention.html
 - Wear a mask at all times.
 - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
 - Avoid close contact with people who are sick.
 - Cover your cough or sneeze with your forearm or elbow.
 - Clean and disinfect frequently touched objects and surfaces
 - Staff are instructed to take their temperature at least 2 hours prior to their session. If you have a fever of 100.4 or higher, you MUST notify the clinic phone, send notice in the cancel chat room AND notify your supervisor
 - Staff may not return to work until they have been fever free for 24 hours
 - Make up sessions-
 - WE WILL NOT BE COVERING ANY IN HOME SESSIONS during this time frame, unless staff already goes to the home
 - Coverage will be sought for clinic sessions

- Communicate any make up sessions by texting the clinic phone and alerting the supervisor

Quarantine Policies and Procedures

Staff and client reporting: Staff or children exposed to the COVID-19 virus should report the exposure to the Director of Programs and Staff Care coordinator immediately. Please call or text the clinic phone at **316.364.8767**. If any staff or family reports a potential exposure to the COVID-19 virus at any level Little Stars Leadership will review each case individually and follow current CDC and Sedgwick County Health Department for guidelines.

Staff must provide a note from their physician or the Sedgwick County Health Department requiring quarantine or isolation requirements to the Staff Care Coordinator. EPTO or EFLMA are no longer available. Staff must submit a PTO request via the employee portal as soon as possible.

Staff who have been determined to be directly exposed at Little Stars will be eligible for one (1) paid rapid COVID-19 test. Staff who were in proximity, but not in close contact may also choose to receive one (1) rapid COVID- 19 test.

Staff and Client Exposure and Quarantine Guidance: The Director of Programs or other member of the leadership team will notify any staff or patients considered to be

The following guidelines apply:

- <https://www.sedgwickcounty.org/covid-19/sampling-and-testing-information/quarantine-and-isolation-guidance/>

What happens if someone tests positive for COVID-19:

- If you test positive for COVID-19, you must remain at home for 5 full days after you first noticed symptoms.
- If after 5 days you are fever-free for 24 hours without the use of fever reducing medications AND you have no symptoms or your symptoms are resolving, you can leave your house, **but continue to wear a mask around others for an additional 5 full days.**

- If you still have a fever or your symptoms are not resolving after 5 days, you must remain at home until your symptoms are resolving and you are fever-free for 24 hours without the use of fever-reducing medications.
- You should stay away from other people in your home to avoid spreading the virus to them.
 - If you can, isolating in a room by yourself and using a separate bathroom is best. If you can't do this, you should stay as far away from other household members as possible.
 - Surfaces (like door knobs, tabletops, and bathroom fixtures) in your home should be disinfected daily.
 - You should not share food or personal items with other household members.
 - Wear a mask when other people are present and maintain six feet distance.
- The Health Department will help identify your close contacts, who will be referred to the Kansas Department of Health and Environment (KDHE) for follow-up. This only occurs if you give permission. Close contacts should complete the in-home quarantine as described below.

What happens if someone from the general public is a close contact of a person with COVID-19?

Definition of a “close contact”

You are considered a “close contact” if any of the following situations happened while you were with a person who has tested positive for COVID-19 – even if they did not have symptoms:

- You were within 6 feet of the person for 15 minutes or more.
- You had contact with the person's respiratory secretions (sneezing, coughing, sharing a drinking glass, food, towels or other personal items, kissing).

- You live with the person or stayed overnight for at least one night in the person's house.

Close contacts of people who have a confirmed positive test for COVID-19

- If you are a close contact, you should observe quarantine requirements as outlined below.
- If you develop symptoms while you are in quarantine, you can check the [testing locator website](#) to find a testing location near you.
- If you test positive, you can spread the virus and should remain at home and in isolation for 5 full days or until symptoms are resolving and you are fever-free 24 hours without the use of fever reducing medications, whichever is longer, then wear a mask for an additional 5 days.

Quarantine for People who are Unvaccinated; Fully Vaccinated with Pfizer/Comirnaty or Moderna more than 6 Months Ago without a Booster; or Fully Vaccinated with Johnson & Johnson more than 2 Months Ago without a Booster

- People who are unvaccinated, fully vaccinated with Pfizer/Comirnaty or Moderna more than 6 months ago without a booster, or fully vaccinated with Johnson & Johnson more than 2 months ago without a booster should quarantine at home per the guidelines below.
 - Monitor yourself for symptoms for a full 14 days. Infection can develop through day 14.
 - Stay at home in quarantine for a full 5 days after exposure.
 - After 5 days, wear a mask around others for an additional full 5 days.

- If you cannot quarantine, you must wear a mask for the full 10 days.
- Test on day 5 via antigen or PCR, if possible.
- If you develop symptoms, get a PCR test and stay home until you have results.
 - If you test positive, you can spread the virus and should remain at home and in isolation for 5 full days or until symptoms resolve and you are fever-free 24 hours without the use of fever reducing medications, whichever is longer, then wear a mask for an additional 5 days.

Quarantine Exemption for People who are Boosted; People who are Fully Vaccinated and Within 6 Months of the Second Dose of Pfizer/Comirnaty or Moderna; or People who Fully Vaccinated and Within 2 Months of the Single-Dose of Johnson & Johnson

- People who are boosted or fully vaccinated with Pfizer/Comirnaty or Moderna within the last 6 months or Johnson & Johnson within that last 2 months do not have to quarantine at home, but should follow the guidelines below.
 - Monitor yourself for symptoms for a full 14 days. Infection can develop through day 14.
 - Wear a mask around others for 10 days.
 - Test on day 5 via antigen or PCR, if possible.
 - If you develop symptoms, get a PCR test and stay home until you have results.
 - If you test positive, you can spread the virus and should remain at home and in isolation for 5 full days or until symptoms resolve and

you are fever-free 24 hours without the use of fever reducing medications, whichever is longer, then wear a mask for an additional 5 days.

<https://www.sedgwickcounty.org/media/60479/cdc-general-population-isolation-and-quarantine-guidance-1-4-21.pdf>

Currently Allowed Quarantine Exemptions

- KDHE and SCDH currently allow the below quarantine exemptions
 - People with a booster dose
 - People with two doses of Pfizer/Comirnaty or Moderna within the last 6 months
 - People with a single-dose of Johnson & Johnson within the last 2 months
 - People with laboratory confirmed COVID-19 in the last 90 days (does not include antibody tests or at-home antigen tests)
- People who meet the criteria above do not have to quarantine at home, but should follow the guidelines below.
 - If you test positive, you can spread the virus and should remain at home and in isolation for 5 full days or until symptoms resolve and you are fever-free 24 hours without the use of fever reducing medications, whichever is longer, then wear a mask for an additional 5 days.
 - Monitor yourself for symptoms for a full 14 days. Infection can develop through day 14.
 - Wear a mask around others for 10 days.
 - Test on day 5 via antigen or PCR, if possible.
 - If you develop symptoms, get a PCR test and stay home until you have results.